

Box Hill Ballet Association – Guidelines for 2022

In preparing for our return to face to face classes in 2022, please find below the measures we are planning to put in place for the safety of our Ballet School community.

At all of our venues please ensure the following:

- Please check in via the Service Victoria app, and
- Students over 18 years show evidence of their vaccination status or valid medical exemption.

To keep yourself, your friends and your family safe there are four key actions that Victorians are also being asked to continue:

- Stay at home and get tested if you have symptoms of COVID-19, however mild.
- Practise good hygiene - wash your hands and cough and sneeze into a tissue or your elbow.
- Keep your distance - stay 1.5 metres away from people where you can.
- Wear a face mask when required (wearing a mask is required for everyone aged 8 and above in all indoor settings in Victoria)

If you require further information regarding staying safe – please refer to the following DHHS website :

<https://www.dhhs.vic.gov.au/staying-safe-covid-19>

If you require further information specific to dance studios please refer to the following website:

<https://www.coronavirus.vic.gov.au/sport-exercise-and-physical-recreation-services-sector-guidance>

The following will apply to all venues and classes.

Unwell - If any student is showing signs of being unwell, including runny nose, coughing, sneezing etc, please stay home and get tested. If these signs are seen at arrival to class you will not be allowed to join the class.

Arrival - Students will need to wear their dance clothes to class under a warm outer covering. They will need to bring their **own drink bottle, hand towel and their own hand sanitiser if they wish to use this**.

Street shoes are to be worn to class [Please do not come in ballet shoes].

We will provide hand sanitiser / access to soap and water. Teachers will ask all students to sanitise / wash their hands upon arrival and departure. Younger students will be supervised during this process.

No belongings are to be shared between students.

Surfaces such as barres, and door handles, where necessary will be disinfected by teachers between each class.

Punctuality – Parents / carers, please be very punctual about drop off, pick up times to allow for smooth transition between classes.

Class sizes - Class numbers will be capped for each venue to enable us to adhere strictly to **social distancing rules**. These will be enforced by the teacher at all times.

With steps requiring more movement and danced in the centre of the room, the class will be broken into smaller groups, 1 or 2 moving with others watching at a distance.

Ventilation – Where possible, windows will be opened and outside doors opened to maximise ventilation to improve indoor air quality.

Contact Tracing – An attendance Roll will be kept for every class. Please ensure we have your current contact number and, if a different number is involved in the dropping off, picking up process, please ensure this is left with the teacher.

Masks – Wearing a mask is required for everyone aged 8 and above in all indoor settings in Victoria (unless an exception applies, such as when in a home, when consuming food or drink, or when receiving beauty services).

Face masks must be carried at all times, when leaving home.

A face mask is not mandatory while engaged in any **strenuous** physical exercise such as running or cycling.